

LEARNING JOURNEY

PSHE

Year 9



This year, we will be starting with what it means to belong somewhere, followed by the different behaviours that can impact our relationships - both positively and negatively. We will then learn about how we can keep ourselves safe, which starts by looking at addiction, alcohol, and drugs, before transitioning to the healthcare system and finally how we can stay safe online. We will then move on to our sex education topic where we will learn about the different reasons people want to have sex (both healthy and unhealthy), extreme and unrealistic views on sex, and finally, the best method of staying safe during sex. We will then explore citizenship by looking at our personal skills, the local labour market, and democracy. Finally, we will look at some basic British Sign Language to support us in our communication.

Relationships (RSHE)

Belonging

Communicating

Change

Body Language

Learning Checkpoint 1

Communication and Emotions

DIRT

Peer Influence

Maturity

Meeting New People

Stereotypes

Unrealistic Relationships

Sex vs Gender

Learning Checkpoint 2

DIRT

Misogyny

Sexual Harassment

Personal Safety

Alcohol and the Law

Addiction

Legal Highs

Coping Strategies

Learning Checkpoint 3

DIRT

Managing Stress

The NHS

Vaping

Diseases

Donation

Learning Checkpoint 4

DIRT

Online Cultures

Online Choices

Deepfakes

Online Influences

Financial Scams

Sex Education (RSHE)

Aspects of Sex

Thoughts and Feelings About Sex

Risky Behaviour

Condoms

Careers and Citizenship

Skills and Qualities

Learning Checkpoint 5

DIRT

Labour Market Index

Democracy

UK Government

British Sign Language

TUDOR VALUES:

We will be tolerant and respectful towards each other as we share our opinions and experiences. We will use unity as we have class discussions on divisive topics.

VOCABULARY

- Influence
- Addition
- Belonging
- Maturity
- Community
- Sex
- Body Language
- Gender
- Misogyny
- Legal Highs
- Culture
- Deepfake
- Democracy