

PSHE – Year 9

Autumn HT1

Relationships

In this topic, we will explore how loneliness can affect young people and how to communicate with peers, family and partners healthily. We will learn how to recognise the positive aspects of a healthy relationship, as well as the signs of an unhealthy one. We will investigate the law and how it distinguishes between sex, gender and sexuality. Finally, we will look at how stereotypes based on sex, gender, race and religion can cause damage to ourselves and those around us.



Autumn HT2

Personal Safety

This term, we will be focussing on the ways that you can ensure that you are able to stay safe and protected in life and make decisions that are right for you. We will begin by looking at the effects of alcohol and the law surrounding alcohol as well as the risks associated with becoming a habitual, dependent and addicted drinker. We will then look at other dangers to our bodies, and the ways that you can improve and maintain positive physical and mental health and wellbeing.



Spring Term

Careers and Citizenship

This term, we will explore various aspects of adult life. We will start by looking at your GCSE options and the different combinations of GCSEs that could be helpful for future careers. We will also learn about the different ways to save and borrow money, and finally, we will investigate what democracy is, and how it looks in the UK and US Governments.



Summer HT1

Communication

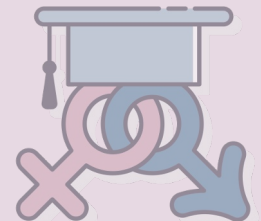
You will begin to discuss the ways in which we can all communicate with each other respectfully and effectively as well as the reasons that this is important. You will look at the role that things like body language, facial expressions, tone of voice and proximity play in communication. You will then begin to look at ways that you can communicate with members of our community who are Deaf or hard of hearing through the use of sign language.



Summer HT2

Sexual Education

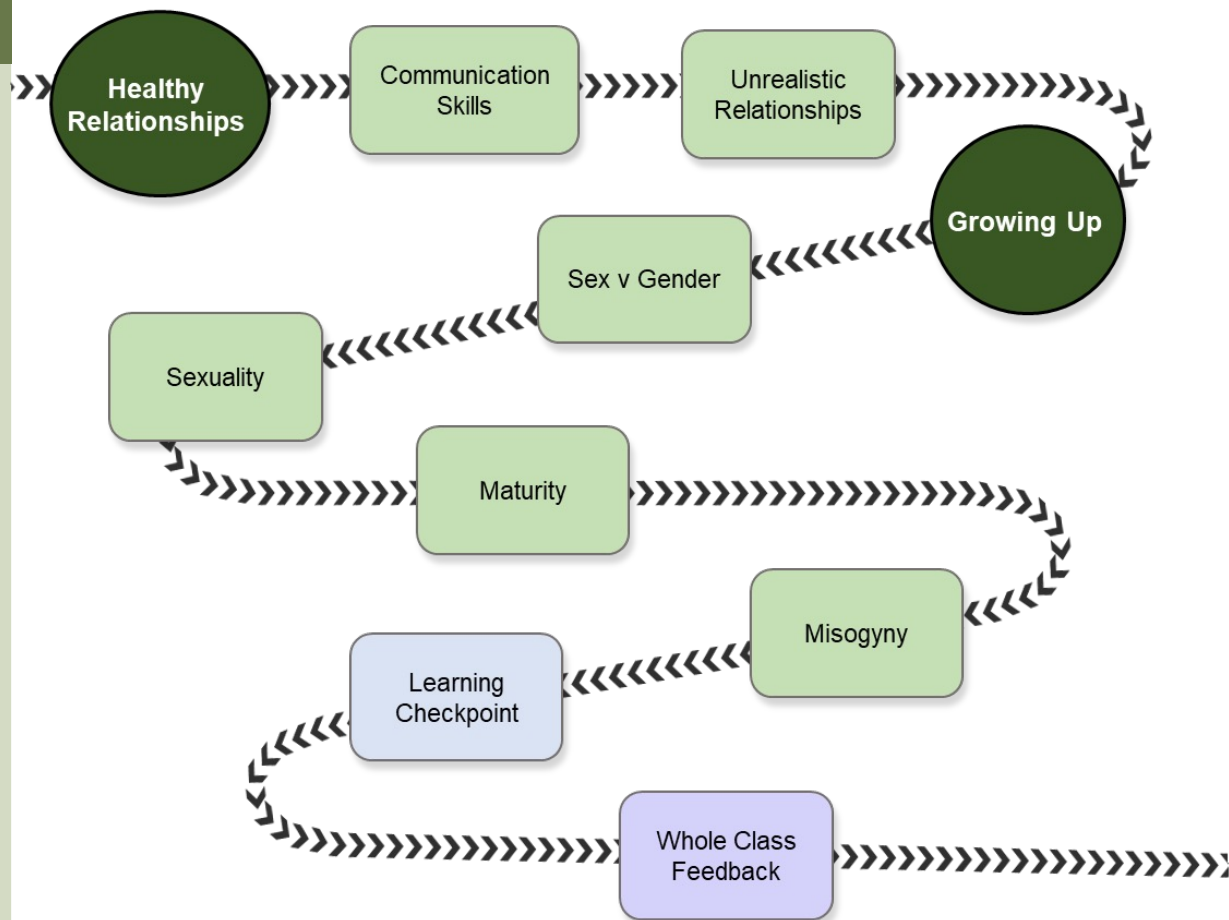
This term, we will be focussing on what sex is and the dynamics of sexual relationships. We will start by looking at the emotional and biological aspects of sex and what sex actually is. We will then look at the potential for risky behaviours and unprotected sex. We will then examine the role of contraceptives, particularly condoms. We will then move onto looking at where you can access advice on these issues.



- Autumn Half-Term 1 -

Relationships

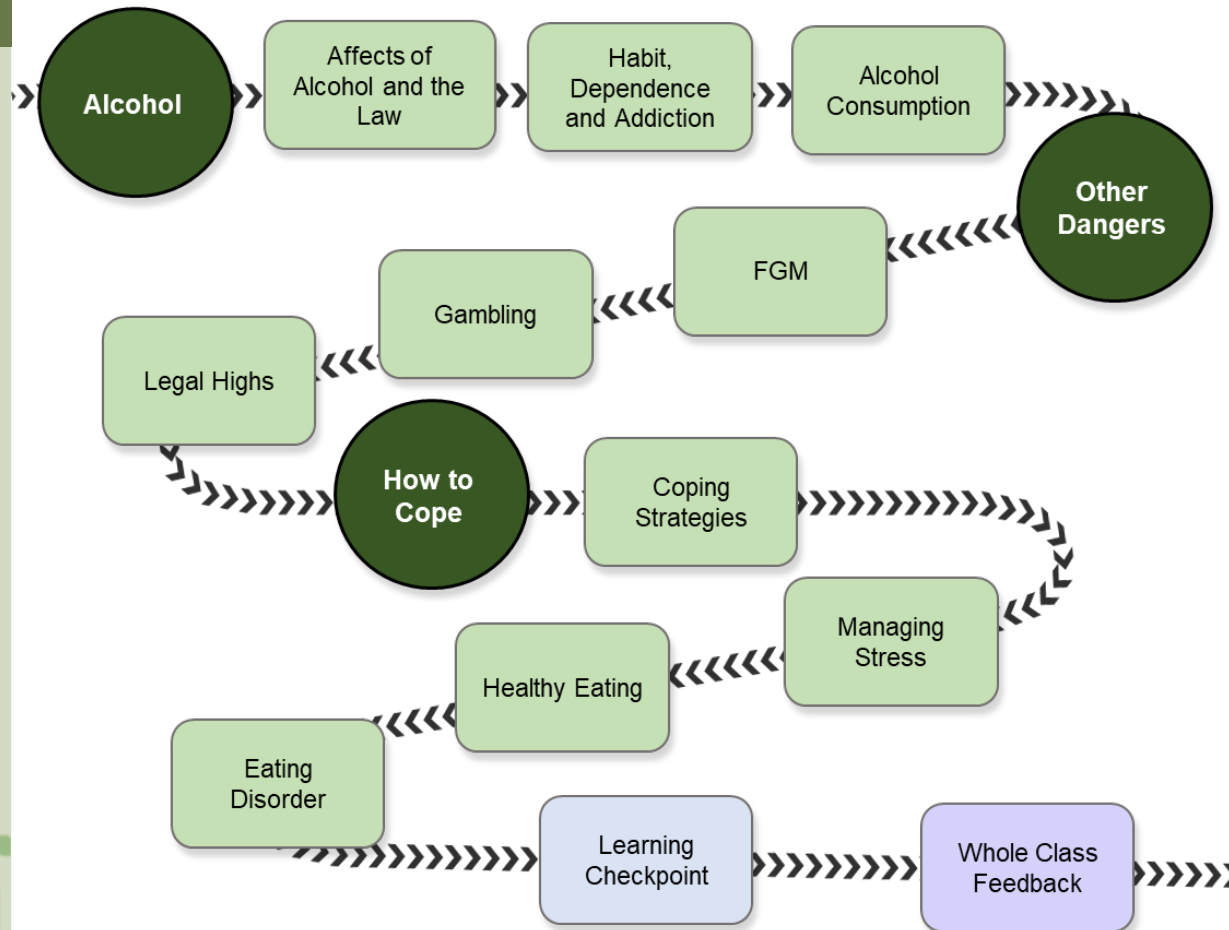
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- Autumn Half-Term 2 -

Personal Safety

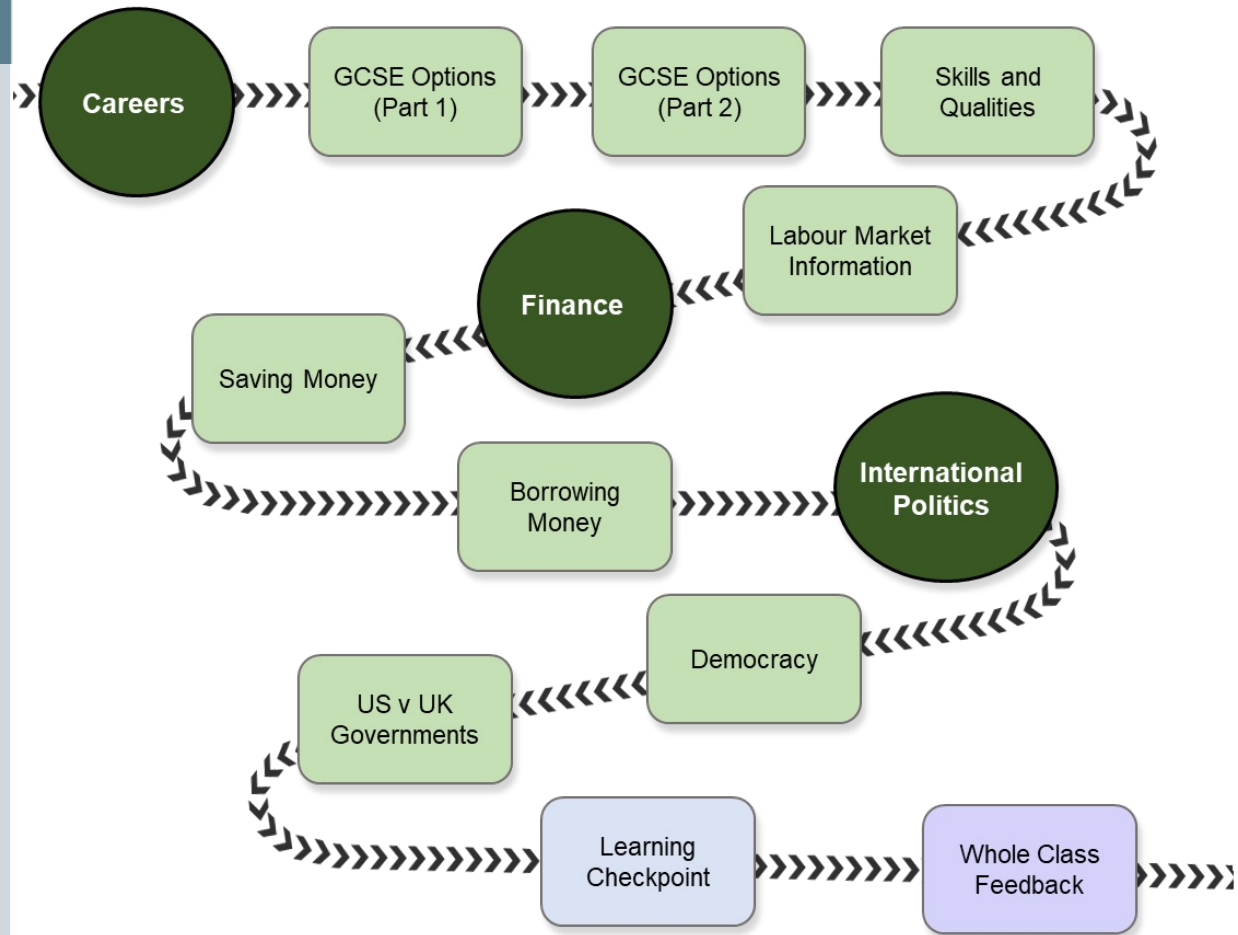
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- Spring Term -

Careers and Citizenship

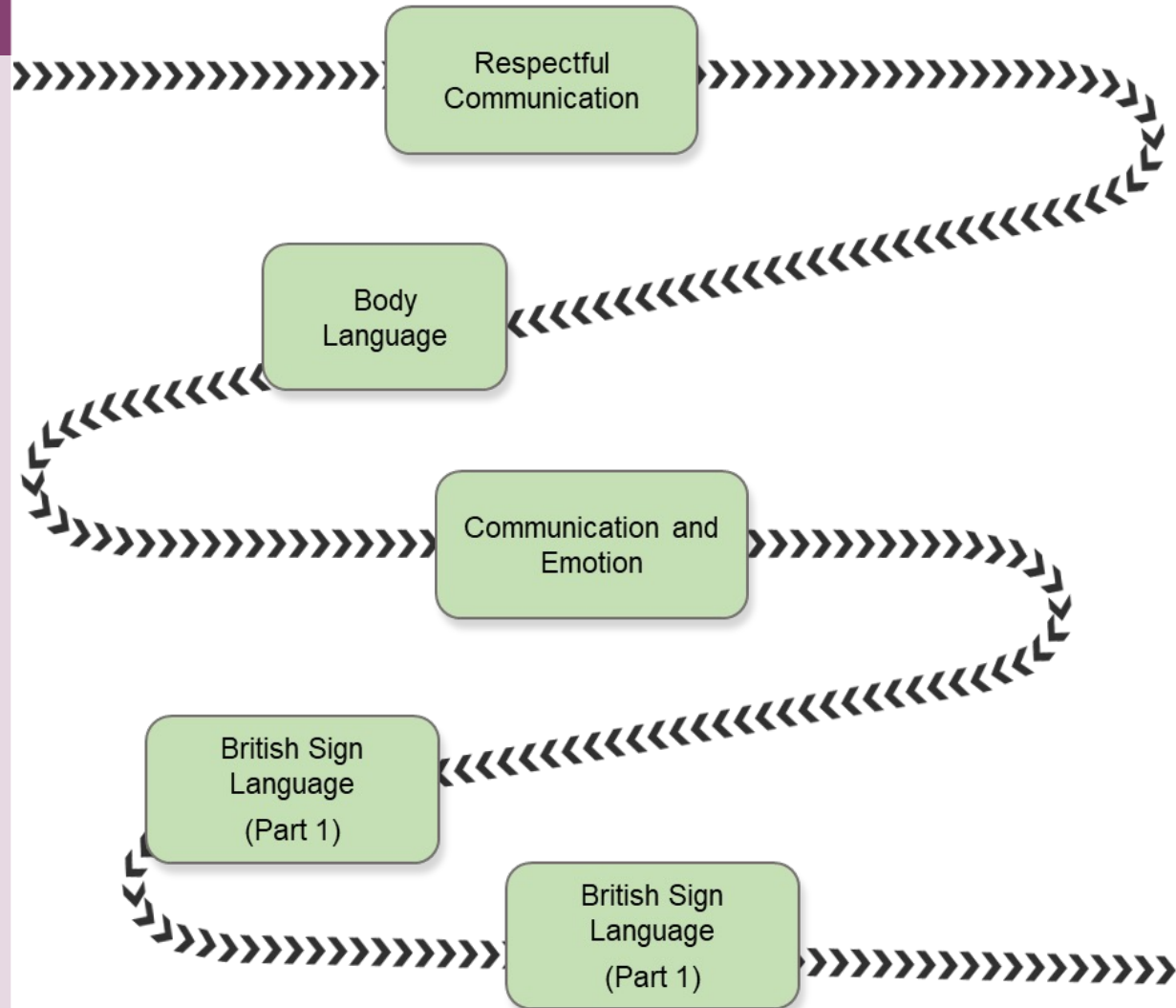
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- Summer Half-Term 2 -

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