

PSHE – Year 7

- Autumn HT1 -

Safety

In your first PSHE topic, we will first look at the differences between primary and secondary school, and how we adapt to new environments. We then explore how we can be safe out and about on roads and in public. Finally, we will learn some basic information about First Aid so we can keep ourselves and others safe.



- Autumn HT2 -

Relationships

In this topic, we will start off by looking at what friendships should be like. We will then compare the difference between bullying and banter, and what we can do if we think bullying is happening. We'll then explore the different types of committed stable relationships, what marriage is, and what rights you get in long-term relationships. Finally, we will investigate the difference between arranged and forced marriages, and how we can cope with separation and loss, as well as the support available to us.



- Spring Term -

Health and Wellbeing

In this topic, we will learn how to take care of ourselves by making sure we stay healthy and clean. We will investigate the early signs of illness and how we can prevent infections from spreading. We will then look into how bodies change during puberty, the differences between boys and girls, and how the changes can be both physical and emotional.



- Summer Term -

Careers

You will be introduced to the world of work and some of the possible careers you might consider for your future. You will think beyond the “every day” jobs and consider some of the once-in-a-lifetime roles that exist. You will self-reflect on what is important to you and consider how these interests/strengths can play into your future. You will also consider some of the gender stereotypes that still exist in the world of work.

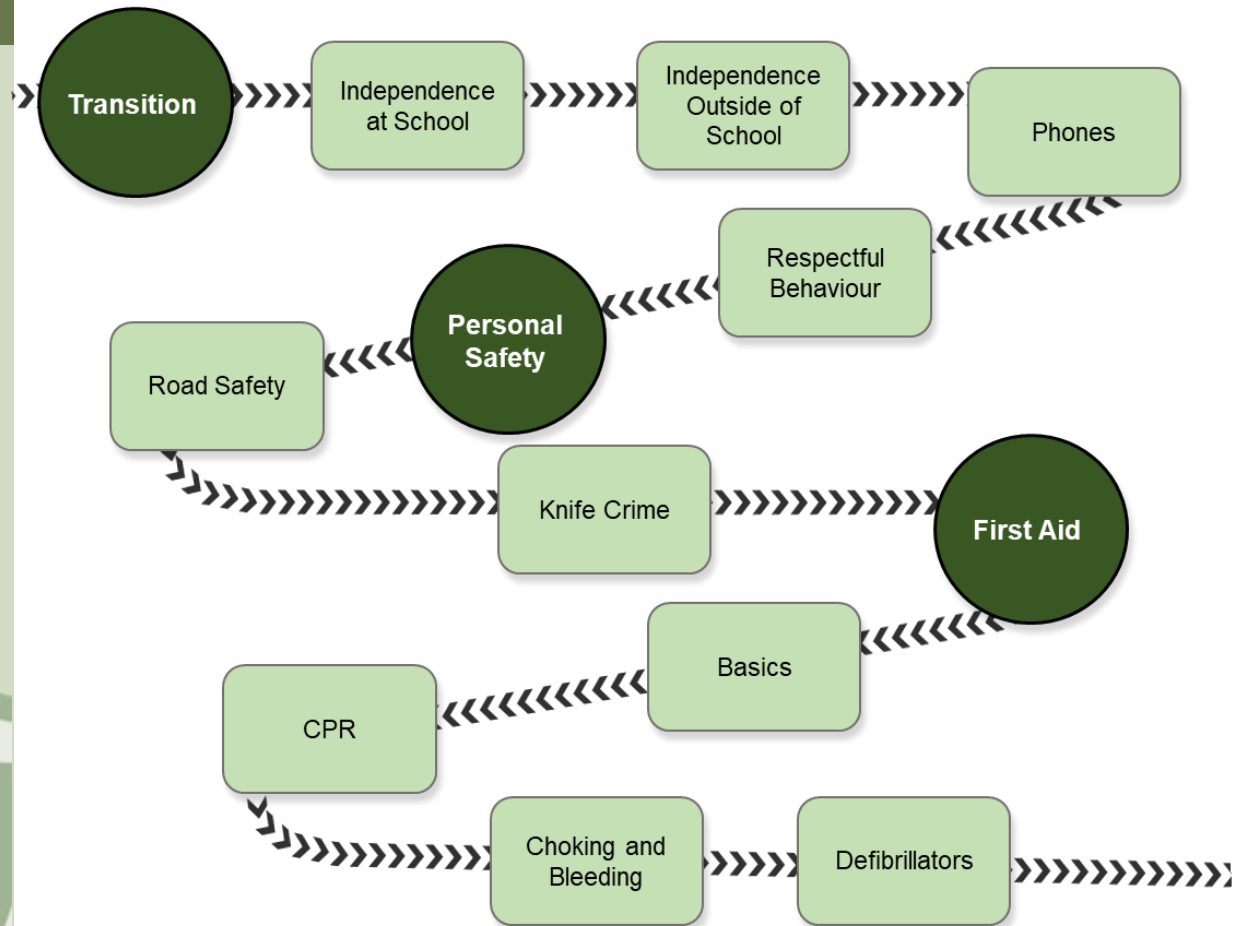


PSHE – Year 7 – Autumn Half-Term 1

- Autumn HT1 -

Safety

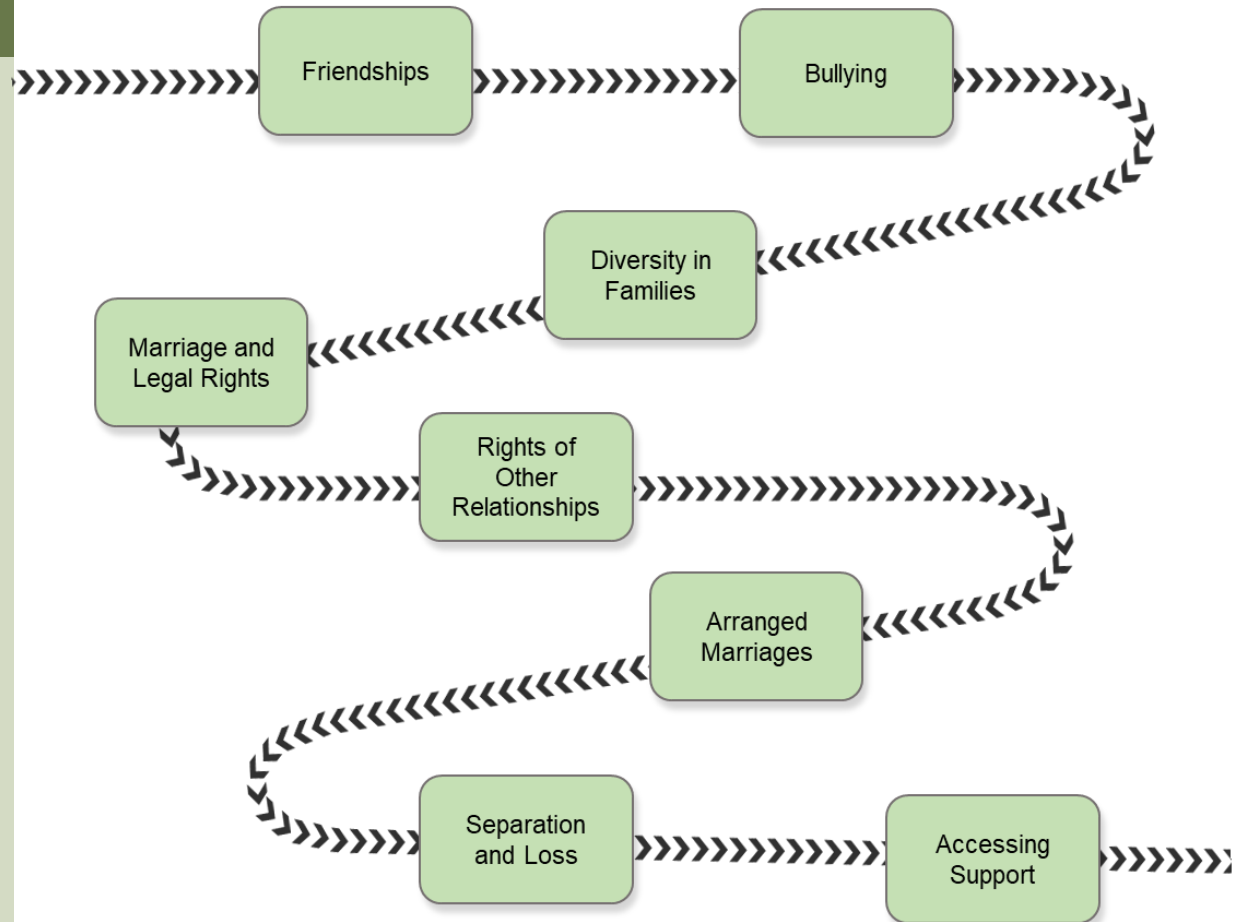
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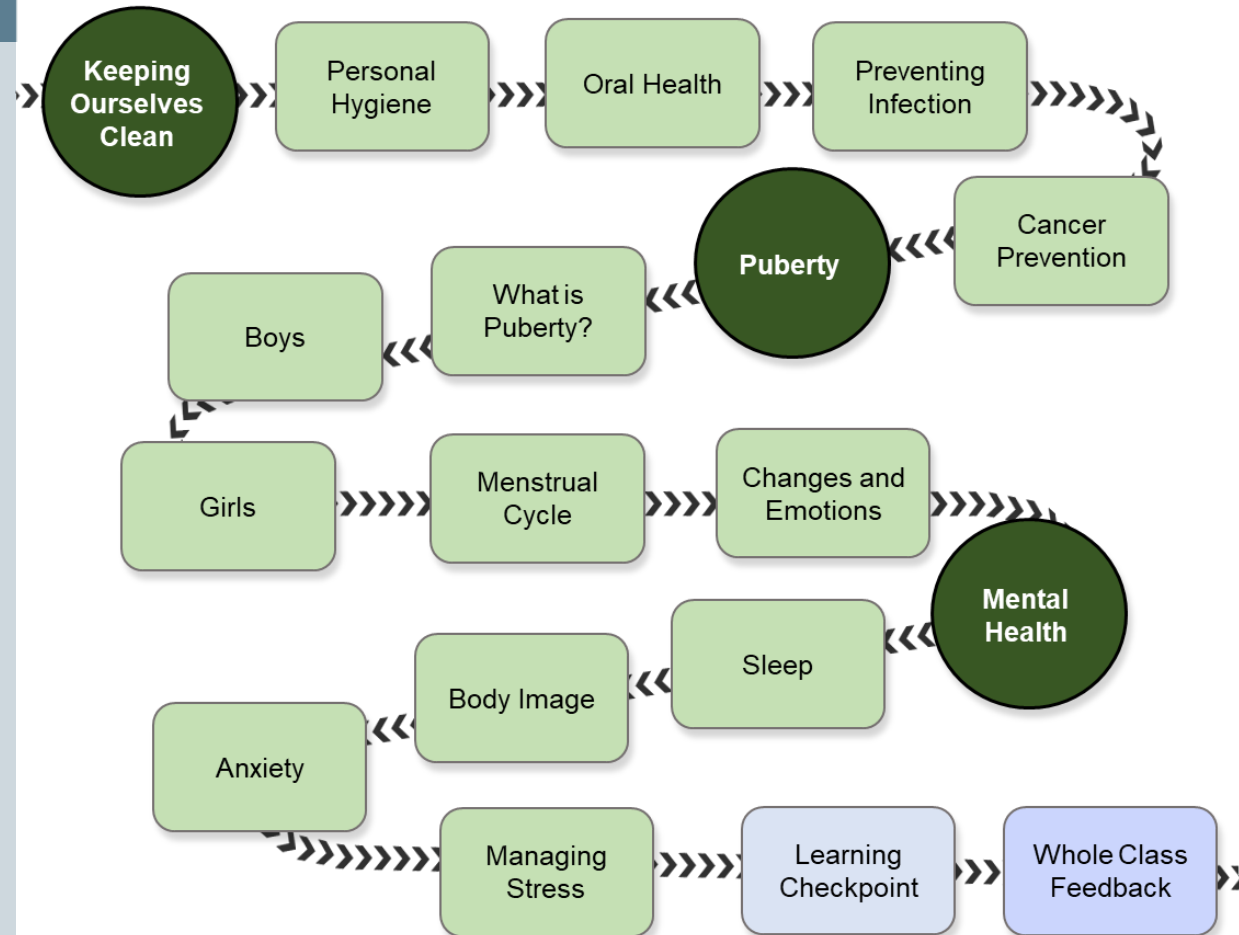


PSHE – Year 7 – Spring Term

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PSHE – Year 7 – Summer Term

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