



Year 8 Food Learning Journey

HT2 Food commodities

Core knowledge	Reference number
Can I explain the primary processing of cereals?	
FPT bread rolls -	
Can I explain how cereals are processed into bread and pasta	
FPT - spaghetti Bolognese= practical checkpoint	
Learning checkpoint	
Can I explain the 5 a day campaign and what counts	
FPT – vegetable soup	
Quiz – food commodities	

Learning Checkpoints

LC Title
Practical checkpoint

Key Vocabulary
Fortified, processing, gluten, coeliac, durum, chorley wood bread process, 5 a day, tuber, preserves, fibre,