



Year 7 Food Learning Journey

Autumn 2 – Food provenance

Core knowledge	Reference number
Can I explain where our food comes from and give examples of how food is grown, caught and reared?	
FPT – stir fry – using food that is reared and grown.	
Why should we choose seasonal foods?	
Ftp – fruit crumble using seasonal produce	
Can I identify how to reduce food waste?	
FPT – Pancakes or toad in the hole. - using leftovers	
Learning checkpoint -	
FPT – Ready Steady Cook	

Learning Checkpoint

Learning checkpoint title
Practical Checkpoint – Toad in the hole / pancakes

Key Vocabulary
Food provenance, intensive farming, free range farming, sustainable, food miles, compost, fertiliser, seasonal