







"I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship."

Brene Brown



Important connections to us

Family





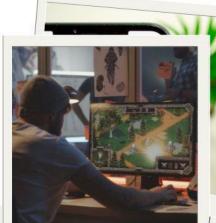




School



Pets



online friends



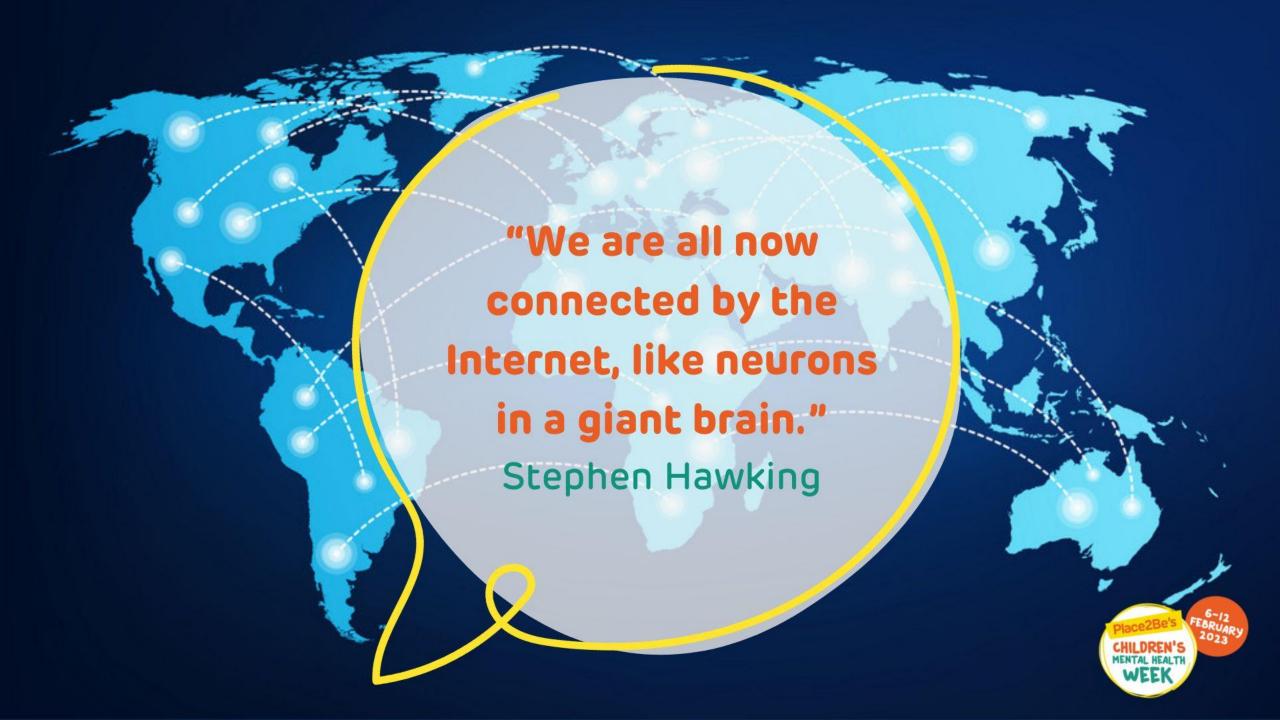
Group membership







Watch this video: <a href="https://www.youtube.com/watch?v=0JXnHhLT7-I&t



Connecting safely online



- **S** is for safe.
- M is for never meet.
- A is for accepting.
- R is for reliable.
- is for tell.



LETS











How can we connect more?











Any member of staff will take the time to listen. Chat health for the school nurse and Wednesday lunch nurse drop in the yellow door room. Useful websites in your planner such as Kooth. The yellow door. Deesh is our mental health practitioner who will be visiting our school once per week.

Where to go if?