

Myself



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Key knowledge What is my name, and can I recognise it? How old am I? What makes me special? What is my family set up? Naming body parts and what they can do? Learn about different emotions, how to cope with them and to express them appropriately.

We will be reading:

Owl Babies (Martin Waddell and Patrick Benson) Come on Daisy (Jane Simmons) Monkey Puzzle (Julia Donaldson and Axel Scheffler) The Colour Monster (Anna Llenas)

We will be thinking about expressing ourselves through music and movement.

We will be discussing the illustrations created by Mia Saine and looking at a variety of different portraits.

Words of Wisdom:

Swooping	
Shivering	
Coil	(00000000000000)
Emotions	

How can you support this topic at home?

Share any of these books with your child, they will be available in your local library, or the stories may be on You Tube.

Encourage your child to respond to their name and start to recognise it.

Talk about your family, look at photos of different family members, help them to understand how they fit within the family.

Encourage your child to learn the names of their body parts and different ways of using them.

Sing songs including 'Head shoulders knees and toes', 'I've got a Body', 'Tommy Thumb' 'Peter Hammers with 1 Hammer'.