

# Year 11 STEPS Learning Journey



## Sexual Health Education

Core knowledge	Reference number
1. Puberty	
2. Periods	
3. Consent	
4. Am I ready?	
5. Contraception	
6. Pregnancy, Miscarriages and fertility	
7. Abortion and adoption	
8. Sexual health	
9. Unrealistic portrayals of sex	
10. Self-examination	
11. Gender Identity	
12. Enjoying sex	

LC Title	Completed?	DIRT?
1. Periods and the menstrual cycle 2. Extended writing on contraception 3. Scenarios – case study investigations		

### Key Vocabulary:

Period, menstrual cycle, menopause, consent, sexually transmitted infections (STI's), Contraception, abortion, gender identity, transgender, intersex