



PE Department Y9 Curriculum and Assessment Map (girls)

	Half Term 1	Half-Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Activities	Netball/Rugby	Badminton/Football	Gymnastics/Volleyball	Hockey/Basketball	Athletics	Rounders/Tennis
Fundamental Knowledge	<p>Netball:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y8 (Positions, rules, shooting technique) - Know the difference between stage 1 and 2 defence - Know the basic attacking and defending tactics 	<p>Football:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y8 (tackling, controlling the ball, basic rules) -Know how to do long-range passing. -Know how to do long range shooting. -Know the rules and basic tactics for 11 a side. -Know how to lead warm-ups. -Know how to head the ball correctly. <p>Badminton:</p>	<p>Gymnastics:</p> <ul style="list-style-type: none"> -Recap on Knowledge from Y8 (Advanced group balances and advanced rotation) -Know what travelling is including speed, direction and levels) -Know how to execute basic skills on equipment (bench, beam) - Know what flight is -Know the correct take-off and landing position -Know more advanced jumps (tuck, straddle, pike) 	<p>Hockey:</p> <ul style="list-style-type: none"> -Recap on Knowledge from Y8 (slap hit, drop tackle, shooting). -Knows how to perform an Indian dribble to beat an opponent. -Knows how to do a jab tackle to win ball on the move. -Knows how to do advanced passing such as clip hit/ hit. 	<p>Athletics:</p> <ul style="list-style-type: none"> -Recap on fundamental knowledge from Y8 (no throws, jumping technique, relay changeovers). -Understand race tactics for different events. -Knows the downward and upward sweep in relay changeovers. -Knows how to do a crouch start. 	<p>Rounders:</p> <ul style="list-style-type: none"> -Recap on knowledge from year 8 (batting and fielding). -Know the correct technique for bowling and the rules for a good ball. -Know the roles of each fielding position. <p>Tennis:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y8 tennis (underarm serve, volleying, singles, and

	<p>Rugby:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y8 (defensive position, direct running). -Knows how to evade defenders whilst running the ball using a change of pace or side-step. -Understand and demonstrate how to protect the ball in a ruck or clear out from an opponent. -Knows how to do a front and side tackling of an opponent working with teammates. -Knows how perform an offload or a pop pass during contact. 	<ul style="list-style-type: none"> -Recap on Knowledge from Y8 (court markings, rally and serve). -Knows how to perform the overhead, underarm clear and drop shots and backhand serve. -Knows how to perform the ready position between shots moving towards the shuttle to maintain a rally. -Know the benefit of using a smash and drop shot and attempt these in games. -Can attempt to umpire using knowledge of the rules in badminton. 	<p>Volleyball:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y8 volleyball (basic dig, rally, rules) -Know the 3 touch attacking strategy -Know the spike technique 	<p>Basketball:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y8 (dribbling, defensive skills, basic rules, and tactics). - Know how to perform a lay-up. - Know the triple threat position. -Know how to play full court basketball and 2v2. 	<ul style="list-style-type: none"> -Knows how to use a run up for shot, discus and javelin. 	<ul style="list-style-type: none"> doubles). -Know how to perform an over arm serve. -Knows the ready position and can move towards the ball. -Knows how to score a game of tennis, including the differences in court markings for doubles and singles.
Learning Checkpoint Tasks	Basic skills tests, peer and self-assessment, teacher feedback		Basic skills tests, peer and self-assessment, teacher feedback		Basic skills tests, peer and self-assessment, teacher feedback	

Interleaved Knowledge	-Fundamental knowledge from Y8 Netball and rugby	-Fundamental knowledge from Y8 football and badminton	-Fundamental knowledge from Y8 volleyball and gymnastics	- Fundamental knowledge from Y8 hockey and basketball	-Fundamental knowledge from Y8 athletics.	-Fundamental knowledge from Y8 rounders and tennis.
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