



PE Department Y9 Curriculum and Assessment Map (boys)

	Half Term 1	Half-Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Activities	Football/Basketball	Badminton/Rugby	Table tennis/Fitness	Hockey/Leadership	Athletics	Rounders/Tennis
Fundamental Knowledge	Football: -Recap on knowledge from Y8 (tackling, controlling the ball, basic rules) -Know how to do long-range passing. -Know how to do long range shooting. -Understand the rules and basic tactics for 11 a side. -Know how to lead warm-ups. -Know how to head the ball correctly.	Badminton: -Recap on Knowledge from Y8 (court markings, rally and serve). -Knows how to perform the overhead, underarm clear and drop shots and backhand serve. -Knows how to perform the ready position between shots moving towards the shuttle to maintain a rally. -Know the benefit of using a smash and drop shot and attempt these in games. -Can attempt to umpire using knowledge of the rules in badminton.	Fitness: -Recap on Knowledge from Y8 (short and long-term effects of exercise, methods of training, heart rates). -Know the skill-related components of fitness. -Know the different fitness tests and link to the components of fitness.	Hockey: -Recap on Knowledge from Y8 (slap hit, drop tackle, shooting). -Knows how to perform an Indian dribble to beat an opponent. -Knows how to do a jab tackle to win ball on the move. -Knows how to do advanced passing such as clip hit/ hit.	Athletics: -Recap on fundamental knowledge from Y8 (no throws, jumping technique, relay changeovers). -Understand race tactics for different events. -Knows the downward and upward sweep in relay changeovers. -Knows how to do a crouch start.	Rounders: -Recap on knowledge from year 8 (batting and fielding). -Know the correct technique for bowling and the rules for a good ball. -Know the roles of each fielding position. Tennis: -Recap on knowledge from Y8 tennis (underarm serve,

	Basketball: -Recap on knowledge from Y8 (dribbling, defensive skills, basic rules, and tactics). - Know how to perform a lay-up. - Know the triple threat position. -Know how to play full court basketball and 2v2.	Rugby: -Recap on knowledge from Y8 (defensive position, direct running). -Knows how to evade defenders whilst running the ball using a change of pace or side-step. -Understand and demonstrate how to protect the ball in a ruck or clear out from an opponent. -Knows how to do a front and side tackling of an opponent working with teammates. -Knows how perform an offload or a pop pass during contact.	Table Tennis: -Recap on knowledge from Y8 table tennis (serving, rules). -Know how to perform forehand and backhand drives. -Know how to apply spin to push shots. -Know how to play doubles.	Leadership: -Recap on knowledge from Y8 (leadership styles, game play). -Know some of the key considerations for planning a sports activity session (objectives, equipment, organisation, supervision needs, timing of activities). -Know the basic structure of a sports activity session (warm-up, skill/technique development, game-play, warm-down). -Know how to deliver a sports activity session to a small group of students.	-Knows how to use a run up for shot, discus and javelin.	volleying, singles, and doubles). -Know how to perform an over arm serve. -Knows the ready position and can move towards the ball. -Knows how to score a game of tennis, including the differences in court markings for doubles and singles.
Learning Checkpoint Tasks	Basic skills tests, peer and self-assessment, teacher feedback		Basic skills tests, peer and self-assessment, teacher feedback	Leading a sports activity session to a small group of students	Basic skills tests, peer and self-assessment, teacher feedback	
Interleaved Knowledge	-Fundamental knowledge from Y8 football and basketball.	-Fundamental knowledge from Y8 badminton and rugby.	-Fundamental knowledge from Y8 fitness and table tennis.	- Fundamental knowledge from Y8 hockey and leadership.	-Fundamental knowledge from Y9 athletics.	-Fundamental knowledge from Y9 rounders and tennis.