



## PE learning journey

### Y9 Football

Half term 1

Core knowledge	Reference number
Recap on knowledge from Y8 football.	
Know how to do long range passes.	Coaching card 1 (passing)
Know the correct technique to shoot from long range.	
Know how to lead a basic warm-up.	
Know how to play in an 11 a side game of football.	Coaching card 4 (rules)
Know how to use different parts of the body to control the ball.	Coaching card 6 (Control)
Know the correct heading technique.	Coaching card 7 (Heading)

### Learning Checkpoints

Football practical assessment	
Knowing and performing football skills, techniques and tactics in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests

Key Vocabulary	
Long-range passing Formation Off-side	Positions First touch Corners