



PE learning journey

Y8 Football

Half term 1

Core knowledge	Reference number
Recap on knowledge from Y7 football.	
Know the importance of the correct weight and accuracy of passing.	Coaching card 1 (passing)
Know how to move into space to receive the ball.	
Know how to signal for the ball.	
Know how to play a 5 a side game of football.	Coaching card 4 (rules)
Know how to defend correctly.	Coaching card 5 (Defending)
Know the basic principles of attacking and defending.	Coaching card 9 (Tactics)

Learning Checkpoints

Football practical assessment	
Knowing and performing football skills, techniques and tactics in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests

Key Vocabulary	
Weight of pass Accuracy Signal	Space Defending Attacking