



PE learning journey

Y7 Badminton

Half term 2

Core knowledge	Reference number
Recap on knowledge from Y6 badminton.	
Know the correct grip and the ready position.	Coaching card 1 (Grip and Ready Position)
Know how to set the nets up and put them away safely.	
Know the difference between forehand and backhand shots.	Coaching card 2 (Forehand and backhand technique)
Know how to play half court singles.	Coaching card 3 (Serving)
Know how to maintain a rally.	Coaching card 3 (Serving)

Learning Checkpoints

Badminton practical assessment	
Knowing and performing badminton skills, techniques and tactics in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests

Key Vocabulary	
Grip Forehand Backhand Serve	Racket Rally Singles Service line