

# - TERM 1 -

## Tudor Values: Who am I?

The Tudor Values of Tolerance, Unity, Democracy, Opportunity, and Respect run through every aspect of Academy life. The clear link to these with British Values, and with our Christian foundations and ethos, we aim to ensure our students can articulate the way these branches of our identity fit and work together to inspire excellence in all we approach. The aspirations, that we want you as students to aim for, will be fully explored in this introductory unit. You will understand how to apply our values and get the best out of every experience our curriculum and Academy has to offer.

Are All Religions the Same

religion interacts with all facets of our world. Studying religion increases cultural awareness as human history has been impacted by religious ideas, institutions, art law and commitments. Being able to understand key concepts in the major religions of the world develops you as a more broadly educated citizen and helps you develop academic skills that will serve you across the curriculum during your time at our Academy.

- TERM 2 -



### LINKS TO PRIOR LEARNING

Tudor values and Christian Values and Ethos at Samworth Academy STEPS: Who am I?

First STEPS:

Does God exist/ Communicating with God What does religion teach us about right and wrong? What does faith look like? What/who is God?



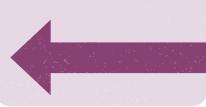
- TERM 3 -

## **Healthy Living**

The World Health Organization define health as, 'a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction or race, religion, political belief, economic or social condition.' This holistic definition of health sums up our approach in STEPS to health and well-being. In this unit we will look at what good health is, healthy diets, good mental health, the impact of drugs and alcohol on individuals and families, the importance of hygiene, sleep, and healthy relationships.

#### LINKS TO PRIOR LEARNING

Tudor and Christian Values and Ethos at Samworth Academy STEPS: Who am I? First STEPS: Believing Expressing Living How to change the world Caring for the world



LINKS TO PRIOR LEARNING

Tudor and Christian Values and Ethos at Samworth Academy

Primary First STEPS: Believing Expressing Living How the world was created What makes people happy? What does it mean to be British?

