



PE learning journey

Y7 Football

Half term 1

| Core knowledge | Reference number |
|--|-----------------------------------|
| Recap on knowledge from Y6 football. | |
| Know the correct passing technique for short range passes. | Coaching card 1 (passing) |
| Know the correct shooting technique. | Coaching card 2 (shooting) |
| Know the correct dribbling technique. | Coaching card 3 (dribbling) |
| Know the basic rules of football. | Coaching card 4 (rules) |
| Know how to control the ball using your foot. | Coaching card 6 (Ball control) |
| Know basic tactics and strategies. | Coaching card 9 (Tactics) |

Learning Checkpoints

| Football practical assessment | |
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| Knowing and performing football skills, techniques and tactics in practice and competitive situations. | Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests |

| Key Vocabulary | |
|---|---|
| Shooting Passing (short range) Technique Dribbling | Tackling Defending Attacking Control |