



PE Department

Y11 Curriculum and Assessment Map (boys)

	Half Term 1	Half-Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Activities	Football/Basketball	Badminton/Rugby	Table tennis/Fitness	Leadership	Athletics	Rounders/Tennis
Fundamental Knowledge	<p>Football:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y10 (volleying, goalkeeping, officiating). -Know advanced tactics and formations for 11 a side football. -Know how to head the ball in a game situation. -Know how to strike the ball with different parts of the foot to move it in different ways. 	<p>Badminton:</p> <ul style="list-style-type: none"> -Recap on Knowledge from Y10 (strengths/weaknesses, coaching, gameplay, tactics). -Know advanced tactics for singles and doubles. -Know a wide range of serves. <p>Rugby:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y10 (types of passing, breakdown, strategies, positions). 	<p>Fitness:</p> <ul style="list-style-type: none"> - Recap on Knowledge from Y10 (principles of training and designing fitness sessions). -Know how to design and complete a fitness programme. <p>Table Tennis:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y10 (top spin, types of serving, doubles, officiating). -Know advanced grips. 	<p>Leadership:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y10 leadership (whole group warm-ups/warm-downs, leading skill practices, safety considerations, officiating). -Knows how to plan and deliver sports activity sessions to a large group. -Knows how to organise, lead and officiate sports competitions. -Know how to evaluate their own and other people's performances in delivering a sports activity session. 	<p>Athletics:</p> <ul style="list-style-type: none"> -Recap on fundamental knowledge from Y10 athletics (release point, jumping technique, calculating run ups). -Knows how to calculate distance for efficient relay changeovers. -Knows how to use hip rotation in throwing events to benefit execution. 	<p>Rounders:</p> <ul style="list-style-type: none"> -Recap on knowledge from year 10 (advanced tactics, rules). -Know how to officiate a rounders game. -Understand the importance of leadership and teamwork. <p>Tennis:</p> <ul style="list-style-type: none"> -Recap on knowledge from Y10 (spin, different grips).

	Basketball: -Recap on knowledge from Y10 (rebounding, man to man defence). -Know advanced defending techniques such as blocking and stealing. -Know how to perform a basic screen.	-Know the different types of kicks that can be used in rugby. -Knows the basic scrummaging rules and the basic technique.	-Know how to perform advanced techniques (smash, loop, and block) -Know how to coach other students and improve their weaknesses.		-Knows how to use the hang in the air and the hitch kick for flight phase of jump.	-Identify coaching points for basic shots, ground strokes, volleys, and the serve in tennis. -Know how to officiate singles and doubles. -Know how to organise and lead a tennis tournament.
Learning Checkpoint Tasks	Basic skills tests, peer and self-assessment, teacher feedback		Basic skills tests, peer and self-assessment, teacher feedback	Leadership of sports activity sessions and competitions.	Basic skills tests, peer and self-assessment, teacher feedback	
Interleaved Knowledge	-Fundamental knowledge from Y10 football and basketball.	-Fundamental knowledge from Y10 badminton and rugby.	-Fundamental knowledge from Y10 fitness and table tennis.	- Fundamental knowledge from Y10 hockey and leadership.	-Fundamental knowledge from Y10 athletics.	-Fundamental knowledge from Y10 rounders and tennis.