



Year 10 Sports Studies Learning Map



- TERM 1 -

Sport and the Media (R186)

In this unit we will study the different sources of the media that cover sport. We will also research the positive and negative effects of the media in sport.



- TERM 2 -

Performance and Leadership in Sports Activities (R185)

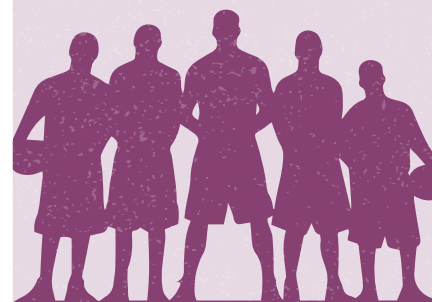
In this unit students will focus on developing their leadership skills as they must plan, lead and review a sports activity session.



- TERM 3 -

Performance and Leadership in Sports Activities (R185)

In this part of the unit students will develop their skill and knowledge of a wide range of sports. They will also learn about the practice methods used to support improvement in a sporting activity.



LINKS TO PRIOR LEARNING

- Knowledge of different sports from core PE.
- Examples of role models in sport from core PE.



LINKS TO PRIOR LEARNING

- Leadership of warm-ups, and drills in the Leadership unit from core PE lessons.
- Knowledge of planning and delivering sessions from the SAS Sport leader's course.



LINKS TO PRIOR LEARNING

- Developing skills, techniques, and tactics in a wide range of sports.
- Identifying strengths and weaknesses.

