



## PE learning journey

### Y10 Football

Half term 1

Core knowledge	Reference number
Recap on knowledge from Y9 football.	
Know how to vary the flight and direction of the ball when passing and shooting.	Coaching card 1 (passing)
Know a wide variety of skills to change direction and beat a defender.	
Know the correct volleying technique.	
Know the different goal-keeping techniques.	Coaching card 8 (goalkeeping)
Know the different roles of the officials.	Coaching card 4 (rules)

### Learning Checkpoints

Football practical assessment	
Knowing and performing football skills, techniques and tactics in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests

Key Vocabulary	
Curl Drive Chip	Volley Linesman Referee