



## PE learning journey

### Y8 Table Tennis

Half term 3

Core knowledge	Reference number
Know the core knowledge from Y7 table tennis.	
Know the difference between forehand and backhand shots.	
Know the technique for the forehand and backhand push.	Coaching card 1 (forehand and backhand push)
Know how to serve and the correct technique.	Coaching card 2 (Serving)
Know the basic rules for singles table tennis.	Coaching card 3 (Table tennis rules)
Know how to play a game of singles and the basic scoring system.	

### Learning Checkpoints

Table tennis practical assessment	
Knowing and performing table tennis skills, techniques and tactics in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests

Key Vocabulary	
Forehand Backhand Push shots	Technique Let