



Sport leadership learning journey

LO4 – Be able to evaluate your own performance in delivering a sports activity session

Core knowledge	Reference number
Know what went well in relation to the plan and the delivery of the session.	LO4 - slide 1-7
Know how to identify what did not go well in the session in terms of the plan and the delivery.	Slide 1-7
Know how to identify and explain what could be improved for the future.	Slide 8-10
Know how to evaluate and give feedback to other students on their sessions.	Slide 8-10

Learning Checkpoints

LO4 – Be able to evaluate your own performance in delivering a sports activity session	
Evaluate other students' warm-ups and skill practices.	Practical – student feedback
Complete your session evaluation assessment	Written assessment

Key Vocabulary

Evaluate, feedback, communication, leadership skills, organisation, pace, adaptations, engagement, transition