



PE learning journey

Rounders YEAR 7

Half term 6

Core knowledge	Reference number
Recap on knowledge learnt in year 6.	Coaching card 1 and 2
Know how to bowl underarm.	Coaching card 3 and 2
Know how to catch and throw a ball.	Coaching card 4
Know basic rules and regulations for rounders.	Coaching card 6
Know how to hold the bat correctly and hit the ball.	Coaching card 2

Learning Checkpoints

Rounders assessment	
Knowing and performing rounders skills, techniques and tactics in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback, 1 minute skills test

Key Vocabulary	
Speed Power Strength Back stop	Teamwork Hand eye coordination Rounder/base/batter/bowler/fielder