



PE learning journey

Y7 Hockey

Half term 4

| Core knowledge | Reference number |
|---|------------------|
| - Know the correct grip. | Coaching card 1 |
| - Know how to dribble. | Coaching card 2 |
| - know how to do a push pass. | Coaching card 3 |
| - -Know how to tackle. | Coaching card 4 |
| - Know how to control the ball. | Coaching card 5 |
| - Know basic rules (feet, back of the stick, high stick). | Coaching card 6 |

Learning Checkpoints

| Table tennis practical assessment | |
|--|---|
| Knowing and performing hockey skills, techniques and tactics in practice and competitive situations. | Self and peer assessment, video analysis, teacher feedback, 1-minute skills tests |

| Key Vocabulary | |
|------------------------------|--|
| Grip Push pass Dribble | Tackle Back of the stick Technique |