

# **Core PE Learning Map (Girls)**



#### Football/Netball

We will learn about the different skills, techniques, and tactics used in each sport and apply them in game situations.



#### LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- · Leadership skills.
- Basic rules and regulations.

### **Badminton/Rugby**

We will learn about the different skills, techniques, and tactics used in each sport and apply them in game situations.



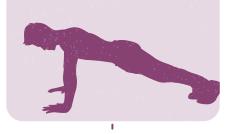
#### LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- · Leadership skills.
- Basic rules and regulations.

## Volleyball/Fitness/ Gymnastics (KS3)

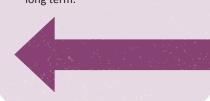
We will learn about the different skills, techniques, and tactics used in volleyball.

We will also learn about benefits of exercise and the different types of training.



#### LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.
- Knowledge of basic warm-ups and warm-downs.
- The effects of exercise short and long term.







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