Core PE Learning Map (Boys)

- HALF TERM 1 -

Football/Basketball

We will learn about the different skills, techniques, and tactics used in each sport and apply them in game situations.

- HALF TERM 2 -

Badminton/Rugby

We will learn about the different skills, techniques, and tactics used in each sport and apply them in game situations.
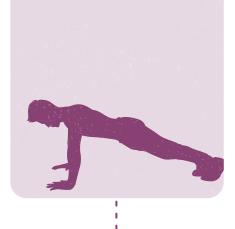
- HALF TERM 3 -

Table Tennis/Fitness

We will learn about the different skills, techniques, and tactics used in table tennis.

We will also learn about benefits of exercise and the different types of training.

LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.

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- Fundamental movement skills.
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LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.
- Knowledge of basic warm-ups and warm-downs.
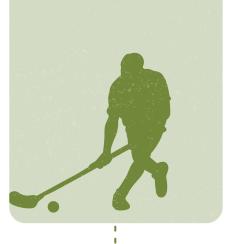- The effects of exercise short and long term.

Core PE Learning Map (Boys)

- HALF TERM 4 -

Hockey/Volleyball

We will learn about the different skills, techniques, and tactics used in each sport and apply them in game situations.

LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.
- Knowledge of basic warm-ups and warm-downs.
- The effects of exercise short and long term.

- HALF TERM 5 -

Athletics

In athletics we will study a range of different throwing, jumping and running events.

LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.

- HALF TERM 6 -

Striking and Fielding Games/Tennis

We will learn about the different skills, techniques, and tactics used in rounders, cricket and tennis.

LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.