



PE learning journey

Athletics – YEAR 11

Half term 5

Core knowledge	Reference number
Recap on the knowledge from Y10 athletics.	
Know how to analyse performance by identifying strengths and weaknesses in their partners technique.	
Know how to recommend practices to improve your weaknesses.	

Learning Checkpoints

Athletics assessment	
Knowing and performing techniques needed for the event in practice and competitive situations.	Self and peer assessment, video analysis, teacher feedback

Key Vocabulary	
Analyse Strengths Weaknesses	