

# **Year 9 Food Learning Journey**

### Food Around the world – food commodities (Spring/Summer term)

Core knowledge	Reference
	number
Recap on prior learning — Recipe analysis of a multicultural product - Nutritional analysis Can I analyse the nutritional content of a product based on my previous learning?	
Can I identify a range of multicultural products and analyse these using my senses – tasting	
Can I identify where food comes from – from farm to fork? Food tasting?	
Can I explain the processes of primary and secondary food processing?	
Learning checkpoint 1 / WCF	
Can I identify traditional foods from around the world and traditional ingredients used	
Handling pastry – can I demonstrate my practical skills to make palmier (readymade pastry)	
Can I identify the different pastry types and how they are produced? Tasting	
Learning checkpoint/ WCF	
Can I produce a product using filo pastry	
Pasta from scratch – Can I handle pasta correctly using the pasta machine?	
Designer pastry – Can I design a pastry product based on a country from around the world.	
Pastry making practical	
Learning checkpoint /WCF	
Pizza – Can I produce an Italian pizza using the cookers effectively that I have designed as part of my LC	

## **Learning Checkpoints**

#### **LC Title**

Food provenance and processing - how are foods made  $% \left( 1\right) =\left( 1\right) \left( 1\right) \left$ 

To adapt and write detailed recipes with contingencies

To plan a multi -cultural meal for a particular target group using a food commodity of choice.

## **Key Vocabulary**

Nutritional analysis, Provenance, al dente, lamination, aeration, primary processing, secondary processing, multicultural, ethnic fusion, filo, choux, leavened, unleavened.