### HOW WILL WE KEEP THE CHILDREN SAFE?

The forest school leader is fully qualified in first aid, as is the volunteer. Risk assessments have been carried out and the site has been assessed prior to learning. The children will be given safety instructions for all the activities, especially ones where hand tools are being used. The correct ratio of adults to children is adhered to and is higher than in normal classrooms.

One aspect of forest school is teaching children about risk and how to manage that risk. The children will be taught how to climb trees, add fuel to a small fire, cook and make drinks and how to use hand tools. By allowing children to take these risks, we are helping them to be able to manage themselves as adults and understand the impact of their choices.



## WHAT WILL MY CHILD BE DOING?

- Playing games
- Climbing trees
- Cooking food over a fire
- Learning to identify trees and plants
- Woodcraft
- Whittling
- · Art and creative activities
- Playing with mud
- Making dens



ANIMAL TRACKS



FUNGI

For more information, contact: RDerbyshire@samworth.tgacademy.org.uk



Tudor Grange Samworth Academy Trenant Road, Leicester, LE2 6UA

#### DIAMOND JUBILEE COVERT



## TGSA FOREST SCHOOL

Information for families



#### WHAT IS FOREST SCHOOL?

Forest school is a very exciting opportunity for your child to learn all about nature and the outdoors. Your child will develop skills such as resilience, problem solving, responsibility and how to work in a team. Your child can then apply these skills when back in the classroom to help them achieve a greater level of learning.

#### WHO RUNS FOREST SCHOOL?

Mrs. Derbyshire runs the sessions with support from other school staff and our own forest school volunteer.



WOODLAND CYCLAMEN

## WHAT YOUR CHILD HEEDS TO WEAR

'There is no bad weather, only bad clothes.'

Forest school will take place in almost all weathers, so it is very important your child has the correct clothing to keep them dry and warm. If, however, the weather is violent, (stormy or gale force winds) the sessions will take place indoors.

- Outdoor shoes, wellingtons or walking boots
- Warm socks
- A warm, waterproof coat
- Trousers
- Waterproof over trousers if possible
- · Long sleeved top
- Jumper/hoodie/fleece
- Woolly hat

These clothes will get wet and muddy, so please ensure you send old clothes.



DEN BUILDING



#### WHAT HAPPENS DURING A SESSION?

Each session is approximately 2 hours long. Some games will be played, then the forest school leader will explain what the main activity is. Safety talks will be given and then the children will do the activity. Children will get the chance to have a hot drink and snack, then reflect on their learning.

# "CHILDREN MUST HAVE AMPLE TIME TO EXPLORE, DISCOVER, CREATE AND EXPERIMENT."

Quoted from
'Putting principles into practice'
by Jan White & Liz Edwards