

Year 7 Creative Arts Rotation Learning Map



- FOOD -

Healthy Living

This unit explores the fundamentals of a healthy balanced diet, including the analysis of diets and recipes in relation to guidelines and recommendations. You will also focus on the practical application of knowledge including weighing, measuring, identifying equipment and cooking methods to make a range of predominantly savoury dishes.



LINKS TO PRIOR LEARNING

This links to prior learning at KS2 via PSHE, with some learning of healthy eating taking place in relation to the Eatwell guide and foods to avoid.

Trinket Box

In this rotation you will develop an understanding of health and safety in the workshop, learn about different timbers and plastics, different tools, machinery and their uses.

You will create design ideas for a trinket box, which you will then develop into a final working product.



LINKS TO PRIOR LEARNING

You have developed an understanding of tools and their uses to perform basic practical tasks such as cutting, shaping, joining and finishing.