



The Hive: PE Learning Map



- HALF TERM 1 -

Invasion Games

We will learn about working with others in a team situation through a variety of games such as dodgeball, capture the flag and football.



- HALF TERM 2 -

Net and Racket Sports

We will learn about the different skills, techniques, and tactics used in badminton and table tennis.



- HALF TERM 3 -

Fitness

We will learn about the importance of an active and healthy lifestyle.

We will also learn about benefits of exercise and the different types of training.



LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.



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- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.
- Knowledge of basic warm-ups and warm-downs.
- The effects of exercise short and long term.





The Hive: PE Learning Map



- HALF TERM 4 -

Outdoor and Adventurous Activities (OAA)

We will learn about working in a team and the importance of leadership skills. We will learn about orienteering and map reading.



LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.
- Knowledge of basic warm-ups and warm-downs.
- The effects of exercise short and long term.



- HALF TERM 5 -

Athletics

In athletics we will study a range of different throwing, jumping and running events.



LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Leadership skills.
- Basic rules and regulations.



- HALF TERM 6 -

Striking and Fielding Games

We will learn about the different skills, techniques, and tactics used in rounders, cricket and softball.



LINKS TO PRIOR LEARNING

- Fundamental movement skills.
- Working in a team.
- Leadership skills.
- Basic rules and regulations.

