

# Tudor Grange Samworth Academy

A Church of England School



September 2018

Dear Parent/Guardian

**Re: Relationship and Sex Education**

This year students will be studying Relationship and Sex Education during tutor times and in some science, PE and SAS lessons. The programme will encompass personal, health, social and emotional topics such as healthy eating, sex and relationship education, mental wellbeing, first aid and media safety.

The aim of the programme is to enhance the existing curriculum in educating pupils on how to keep themselves safe. We aim to guide them through the difficulties of being a teenager, and to prepare them for life after school so they are fully equipped to engage in society and make healthy well-informed decisions.

If you would like to make an appointment to discuss the content of the programme please contact Student Services and leave your contact details and I will arrange for a member of my team to contact you at the earliest convenience.

Yours sincerely

Mr P Ephgrave

**College Leader responsible for PSHE Curriculum**

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